



POMAIKAI ELEMENTARY SCHOOL OCTOBER



MONDAY 10/2/2017	TUESDAY 10/3/2017	WEDNESDAY 10/4/2017	THURSDAY 10/5/2017	FRIDAY 10/6/2017
<p>BFAST: Honeydew, Portuguese sausage, rice, fruit juice LUNCH: Chicken salad w/nacho chips, curly fries, mixed fruit SALAD: Spinach & Ham</p>	<p>BFAST: Peaches, cereal w/toast, orange wedges LUNCH: Beef broccoli, rice, house salad, fresh fruit, French roll SALAD: Thai Chicken</p>	<p>BFAST: Mixed fruit, Belgian Waffle, fruit juice LUNCH: Baja fish taco, cole slaw, pan roast vegetables, apple wedges, fruit muffin SALAD: 24 Hour</p>	<p>BFAST: Fresh fruit, pizza bagel, fruit juice LUNCH: Corn dog, baked beans, house salad, pineapple SALAD: Southwestern Chicken</p>	<p>BFAST: Pineapple, yogurt w/toast, cranberries LUNCH: Kalua pork, rice, spinach, tomato salad, fruit juice SALAD: Asian Noodle</p>
10/9/2017 Fall Break	10/10/2017 Fall Break	10/11/2017 Fall Break	10/12/2017 Fall Break	10/13/2017 Fall Break
<p>10/16/2017 BFAST: Pineapple, fried rice w/scramble eggs, cranberries LUNCH: Breaded fish, rice, baked beans, rainbow salad, fruit slushy SALAD: Taco Salad</p>	<p>10/17/2017 BFAST: Peaches, yogurt w/toast, fruit juice LUNCH: Beef & bean Nachos, tossed greens, fruit juice SALAD: Chinese Chicken</p>	<p>10/18/2017 BFAST: Orange wedges, breakfast pizza, fruit juice LUNCH: Brd chicken tenders, rice, pickled cabbage, steamed veggies, fresh fruit SALAD: Chef</p>	<p>10/19/2017 BFAST: Fresh fruit, cereal w/toast, cranberries LUNCH: Cheeseburger, potato wedges, rainbow salad, fresh fruit SALAD: Chicken Caesar</p>	<p>10/20/2017 BFAST: Fresh fruit, hot dog, rice, fruit juice LUNCH: Baked shoyu chicken, rice, coleslaw, fresh broccoli florets & baby carrots w/ ranch, ww roll SALAD: Tuna Tofu</p>
<p>10/23/2017 BFAST: Pineapple, yogurt w/toast, orange wedges LUNCH: Breaded chicken patty on ww bun, curly fries, lettuce & tomato, peaches SALAD: Spinach & Ham</p>	<p>10/24/2017 BFAST: Peaches, French toast, fruit juice LUNCH: Pasta Florentine, house salad, fresh fruit, garlic French bread SALAD: Thai Chicken</p>	<p>10/25/2017 BFAST: Fresh fruit, Portuguese sausage, rice, fruit juice LUNCH: Popcorn chicken, mashed potatoes, pan roasted vegetables, apple wedges, muffin SALAD: 24 Hour</p>	<p>10/26/2017 BFAST: Pineapple chunks, ham & cheese biscuit, fruit juice LUNCH: Meat lover's pizza, baked beans, tossed greens, fruit juice SALAD: Southwestern Chicken</p>	<p>10/27/2017 BFAST: Fresh fruit, cereal w/toast, cranberries LUNCH: Roast pork w/gravy, rice, tomato salad, vegetable juice, peaches SALAD: Asian Noodle</p>
<p>10/30/2017 BFAST: Peaches, breakfast pizza, cranberries LUNCH: Breaded chicken nuggets, rice, steamed veggies, hummus w/baby carrots, mixed fruit SALAD: Taco Salad</p>	<p>10/31/2017 BFAST: Mixed fruit, yogurt w/toast, fresh fruit LUNCH: Beef stew, rice, house salad, pineapple chunks SALAD: Chinese Chicken</p>	<p>Student Breakfast: \$1.10 Student Lunch: \$2.50 Reduced Breakfast: \$0.30 Reduced Lunch: \$0.40 Milk: \$.60</p>	<p>Second Student/Adult Breakfast: \$2.40 Second Student/Adult Lunch: \$5.50 Student Entrée: \$2.00</p>	<p>**Every meal served includes a 1/2 pint of Skim, Chocolate or 1% White Milk.**</p>

Menu subject to change without notice

This institution is an equal opportunity provider.