



# POMAIKAI ELEMENTARY SCHOOL SEPTEMBER



\*\*Menu subject to change without notice\*\*

This institution is an equal opportunity provider

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>9/3/2018</b> <b>NO SCHOOL</b> <b>LABOR DAY HOLIDAY</b>	<b>9/4/2018</b> BFAST: Peaches, apple pastry, fruit juice LUNCH: Macaroni Creole, tossed salad, mixed fruit, garlic bread SALAD: Chinese Chicken	<b>9/5/2018</b> BFAST: Mixed fruit, pork sausage patty w/gravy, rice, fruit juice LUNCH: Weiner in a roll, curly fries, veggie sticks, apple wedges, cookie SALAD: Southwestern Chicken	<b>9/6/2018</b> BFAST: Pineapple, cereal w/jelly toast, cranberries LUNCH: Chili & rice, corn, hummus w/baby carrots, peaches SALAD: Taco Salad	<b>9/7/2018</b> BFAST: Peaches, Uncle Todd's Ono Cinnamon roll, fruit juice LUNCH: Oven baked chicken w/gravy, whipped potatoes, hot veggies, orange wedges, ww roll SALAD: Chicken Caesar
<b>9/10/2018</b> BFAST: Mixed fruit, hot dog & rice, cranberries LUNCH: Beef & bean Nachos, tossed greens, fruit juice SALAD: Chef	<b>9/11/2018</b> BFAST: Pineapple, Belgian waffle w/fruit topping, fruit juice LUNCH: Crunchy fish square, rice, baked beans, tossed salad, fruit slushy SALAD: Chinese Chicken	<b>9/12/2018</b> BFAST: Orange wedges, breakfast slider, fruit juice LUNCH: Shoyu chicken, rice, pickled cabbage, hot veggie, pineapple, ww roll SALAD: South Western	<b>9/13/2018</b> BFAST: Pineapple, pizza stick, fruit juice LUNCH: Cheeseburger, potato wedges, veggie sticks, peaches SALAD: Taco Salad	<b>9/14/2018</b> BFAST: Peaches, bread pudding & pork links, fruit juice LUNCH: Breaded chicken nuggets, rice, coleslaw, hot veggies, mixed fruit, ww roll SALAD: Chicken Caesar
<b>9/17/2018</b> BFAST: Mixed fruit, yogurt w/toast, cranberries LUNCH: Pasta Florentine w/white sauce, tossed salad, pineapple, garlic bread SALAD: Chef	<b>9/18/2018</b> BFAST: Pineapple, scramble eggs, rice, fruit juice LUNCH: Breaded chicken patty sandwich, potato rounds, fresh seasonal fruit SALAD: Chinese Chicken	<b>9/19/2018</b> BFAST: Orange wedges, pancakes, fresh fruit LUNCH: Cheese pizza, baked beans, tossed salad, fruit juice SALAD: South Western	<b>9/20/2018</b> BFAST: Fresh fruit, Portuguese sausage & rice, fruit juice LUNCH: Popcorn chicken w/gravy, mashed potatoes, hot veggie, peaches, fruited muffin SALAD: Taco Salad	<b>9/21/2018</b> BFAST: Peaches, pizza bagel, fruit juice LUNCH: Kalua pork & cabbage, rice, tomato salad, pineapple SALAD: Chicken Caesar
<b>9/24/2018</b> BFAST: Pineapple, pancake on a stick, cranberries LUNCH: Breaded chicken strips, rice, hot veggie, hummus w/baby carrots, mixed fruit SALAD: Chef	<b>9/25/2018</b> BFAST: Mixed fruit, Belgian Waffle, fresh fruit LUNCH: Beef stew, rice, tossed salad, peaches, Portuguese sweet roll SALAD: Chinese Chicken	<b>9/26/2018</b> BFAST: Peaches, Portuguese sausage & rice, fruit juice LUNCH: Grilled chicken pasta w/broccoli, hot veggie, whipped potatoes, orange wedges, ww roll SALAD: South Western	<b>9/27/2018</b> BFAST: Fresh fruit, Uncle Todd's Ono cinnamon roll, fruit juice LUNCH: Weiner in a roll, potato rounds, veggie sticks, apple wedges, cookie SALAD: Taco Salad	<b>9/28/2018</b> BFAST: Orange wedges, breakfast burrito, fruit juice LUNCH: Spaghetti w/meat sauce, tossed greens, pineapple, garlic bread SALAD: Chicken Caesar

Student Breakfast: \$1.10, Student Lunch: \$2.50, Reduced Breakfast: \$0.30, Reduced Lunch: \$0.40, Second Student/Adult Breakfast: \$2.40, Second Student/Adult Lunch: \$5.50, Student Entrée: \$2.00; \*\*Every meal served includes a 1/2 pint of Skim, Chocolate or 1% White Milk,\*\*